

The Springs Of Scottsdale
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The Deep Blue Sea

When you consider the massive size and global influences of the oceans on our planet, you realize that there is much to celebrate in June during Oceans Month. It is a commonly cited statistic that 71% of Earth's surface is ocean. It is less known that anywhere from 50–80% of all life on Earth is found under the ocean's surface. After all, the ocean constitutes 99% of Earth's living space and, amazingly, humans have explored only 10% of these vast depths. Some say that we know more about the moon than these uncharted reaches.

The majority of the ocean is the "deep sea," a cold, dark, and pressurized area 1,000 meters below the surface. Light cannot penetrate to these depths, yet this part of the ocean is home to an abundance of life. The fish and organisms that live here depend on the organic matter that sinks down from above, falling like a life-giving snow. Many deep-sea fish are bioluminescent, which means that they can create light with their bodies. Deep-sea fish also conserve as much energy as possible and do not move much, lying in wait for their food rather than hunting for it. The deep sea is a harsh environment where only the most perfectly adapted organisms can survive. Humans have only ventured to these reaches in advanced submarines.

Yet it is not impossible to witness these amazing creatures up close. June is also Aquarium Month, and aquariums have finally developed technologies that mimic deep-sea habitats. Scientists have created the "abyss box," a tank that mimics the punishing conditions of the deep sea: absence of light, harsh cold, and crushing pressure the likes of carrying the weight of a jumbo jet. The tiny, highly pressurized tank has six-inch-thick walls, holds only five gallons of water, and weighs 1,300 pounds. In it we can now see deep-sea crabs and shrimp, angler fish, and other mysterious creatures of the deep.

Celebrating June

Casino Trips 6/2 & 6/23

**Root beer & Ice Cream
Socials 6/22 & 6/30**

Southwest Mobility
June 1st

**The Addams Family
Theatre Play Trip**
June 4th

Comedy Show
June 15th

Father's Day Celebration
June 17th

Father's Day
June 18

Clothing & More Sale
June 20th

Fashions by Ellie
June 29th

June Birthdays

In astrology, those born between June 1–20 are Twins of Gemini. Twins have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends. Those born between June 21–30 are Cancer's Crabs. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of harmony at home and in the workplace.

- Birdie B.....6/2
- Alice C.....6/8
- Mathew C.....6/9
- Gladys M.....6/9
- Margaret F.....6/11
- Charlotte P.....6/18
- George B.....6/20

Mountain-Sized Measurements

Mount Everest gets all the press as the world's tallest mountain, but Mount Chimborazo in the Andes in Ecuador may be larger, depending on your perspective.



We should all be open to this possibility on June 3, Chimborazo Day. Measured from sea level, the height of Mount Everest is 29,029 feet, while Mount Chimborazo is 20,549 feet. However, when measured from the center of Earth, Chimborazo is actually farther away. How can this be? Earth is not perfectly round; our planet bulges at the equator. Since Chimborazo lies near the equator on this bulge, it is 3,967.1 miles from the center of Earth. Everest, which does not sit near the equator, is 3,965.8 miles from Earth's center, a little over a mile shorter by distance. Which mountain is bigger? You decide.

Social Media Matters



Social media. It is a powerful force that is redefining humanity's communication and sense of interdependence. In this sense, every day is Social Media Day, but its holiday is celebrated on June 30.

Social media begins with the Internet. Thanks to our wirelessly connected world, people are now able to access the Internet wherever they go, through their cell phones, computers, and other electronic devices. About 20% of our time online is spent visiting social media sites such as Facebook, Twitter, LinkedIn, YouTube, Pinterest, Instagram, Reddit, Snapchat, and others. Some of these sites allow us to share pictures and videos. Others allow us to share personal comments and opinions. Some are used for professional networking. Some are dedicated to shopping, cooking, or other hobbies. The point of social media is to connect people. Groups that used to be out of contact due to distance or isolation can now be connected via the Internet. People can now find each other, share, and collaborate faster than ever before in history, and the effects this new connectedness has on human culture are substantial.

Once upon a time, members of obscure subcultures stuck to their small groups. Today, any member of one of these subcultures can become part of a massive community at the click of a button. Artists separated by continents can collaborate. Unknown individuals can become overnight Internet sensations. Inventors and entrepreneurs no longer need storefronts to sell their unique products to the masses.

Experts warn that social media is a double-edged sword. It is a powerful force for connection, but it can also be damaging, especially to young people. Social media platforms are rife with adolescent pitfalls: aggression, sex, drugs, and bullying. Perhaps Social Media Day on June 30 should be a day to encourage teens (and remind adults) to wield the power of social media wisely.

Extrasensory Perception

June 24 will find us tasting, seeing, hearing, smelling, and touching on Celebration of the Senses Day. The concept of the five senses was made popular by the Greek philosopher Aristotle, who believed that these senses are what give our brain information about the world around us. Yet, if we define a sense as something that informs us of the world around us, scientists insist that there are far more than just five senses. Scientists categorize balance, pain, proprioception (knowing where our hands and feet are even with our eyes closed), our sense of hot and cold, our sense of hunger or fullness after a meal, and our perception of the passing time to be distinct senses in and of themselves. And then there are the more "magical" senses. Some people claim the ability to "feel" the emotions of others. Others "see" future events. Still others "hear" the thoughts in other people's heads. While there is no scientific evidence to corroborate these senses, no one is exactly sure to what limits the human senses can stretch.

Say Sooie!



Sooo-ie! June 14 is Pig Callers Day. While the University of Arkansas has all but trademarked their "Woo Pig Sooie" cheer to encourage their beloved Razorbacks, do real pig farmers call "sooie" to their pigs? True hog calling sounds as you'd expect: grunts and squeals. Calls are varied and depend on your strategy. Male calls lure males who want to fight for territory. Female calls are used to lure a mate. Piglet distress calls are meant to alert adult pigs. So why has "sooie" become the default pig call of choice? Perhaps it comes from the word *sow*, which is the term for a female pig. Or maybe it comes from the word *suidae*, which is the Latin classification for the scientific family of pigs. No doubt about it, hog calling competitions are often more about fun than accuracy, so "sooie" it is!

Everything's Coming Up Roses

Roses have long been grown for their beauty and fragrance. But roses have also been used as powerful symbols for ages. Perhaps it is because of their dual



nature: the dangerous thorns and the beautiful flower. This June, Rose Month, take the time to contemplate the symbolism of the rose. Both the ancient Egyptians and Greeks considered the rose a symbol of silence and secrecy. The Latin phrase *sub rosa*, or "under the rose," denotes secrecy and confidentiality. Roses adorned the ceilings of dining halls in ancient Rome. Anything said under the influence of wine was considered to be kept confidential. Similarly, roses were hung from the ceilings of council chambers, a reminder of secrecy for all those present. Later, Christianity adopted the symbol. Confessionals were adorned with roses, symbolic promises that conversations would remain secret. Roses have also been used as emblems by secret societies like the Rosicrucians and royal houses such as Tudor, Lancaster, and York.

Red roses are also symbols of love, beauty, and virtue. We must again look to ancient Greece, where the red rose was connected to Aphrodite, the Greek goddess of love. When Aphrodite's true love, Adonis, was injured by a wild boar, she mixed his blood with her tears to create the red rose, an enduring symbol of their love. Later, the rose became a symbol of the Virgin Mary in Christianity. It was believed that roses in the Garden of Eden were thornless, but after the fall of Adam and Eve they grew thorns. Thorns came to represent Original Sin. Mary, born of the Immaculate Conception and without Original Sin, came to be known as the "rose without thorns." While the rose symbolizes the paradise of Eden, its thorns symbolize suffering and grief.

Over the years, the color of a rose has come to have different meanings. Red roses are for love and passion; pink are for gratitude; yellow are for friendship; and white are for spirituality and purity. Any way you color it, roses have long been powerful messengers.

Heart of a Champion

On June 9, 1973, Secretariat secured his place in sports history by winning the Belmont Stakes and completing the elusive Triple Crown. And Secretariat did not just win—the horse won by a record 31 lengths. Jockey Ron Turcotte claims to have lost control of the horse and insists that Secretariat powered himself to the astounding victory. Some consider Secretariat one of the greatest athletes of all time. The sports television network ESPN ranks the horse 35th on its list of greatest athletes, ahead of baseball great Mickey Mantle and basketball superstar Julius "Dr. J" Erving. What made Secretariat the "Horse of the Century"? After he died, an autopsy revealed that Secretariat's heart was twice the size of the average horse's, weighing an estimated 22 pounds. Many speculate that it was this physical abnormality that propelled Secretariat to greatness. It is fitting that Secretariat had such a big heart. By all accounts he was not only a champion but also gentlemanly amongst other horses and playful with his handlers. If Secretariat's heart was big, then the hearts of his fans, too, must have swelled with pride at his sprint for the Triple Crown.

Old Maid to Order



It began as a prank on June 4, 1948, when Marion Richards secretly distributed greeting cards and bouquets to all the unmarried women age 30 and over at her workplace.

When her colleagues asked her what was going on, she told them it was Old Maid's Day. That same night, married women and younger women threw Richards and her "old maid" friends a surprise party. Richards was declared the holiday's founder, and Dora McCracken was elected secretary and historian. It did not take long before Old Maid's Day was being celebrated in communities across the country. June may be the month of weddings, white lace, and bouquets, but Old Maid's Day celebrates the single woman with a holiday of her own.